

FIG. 1

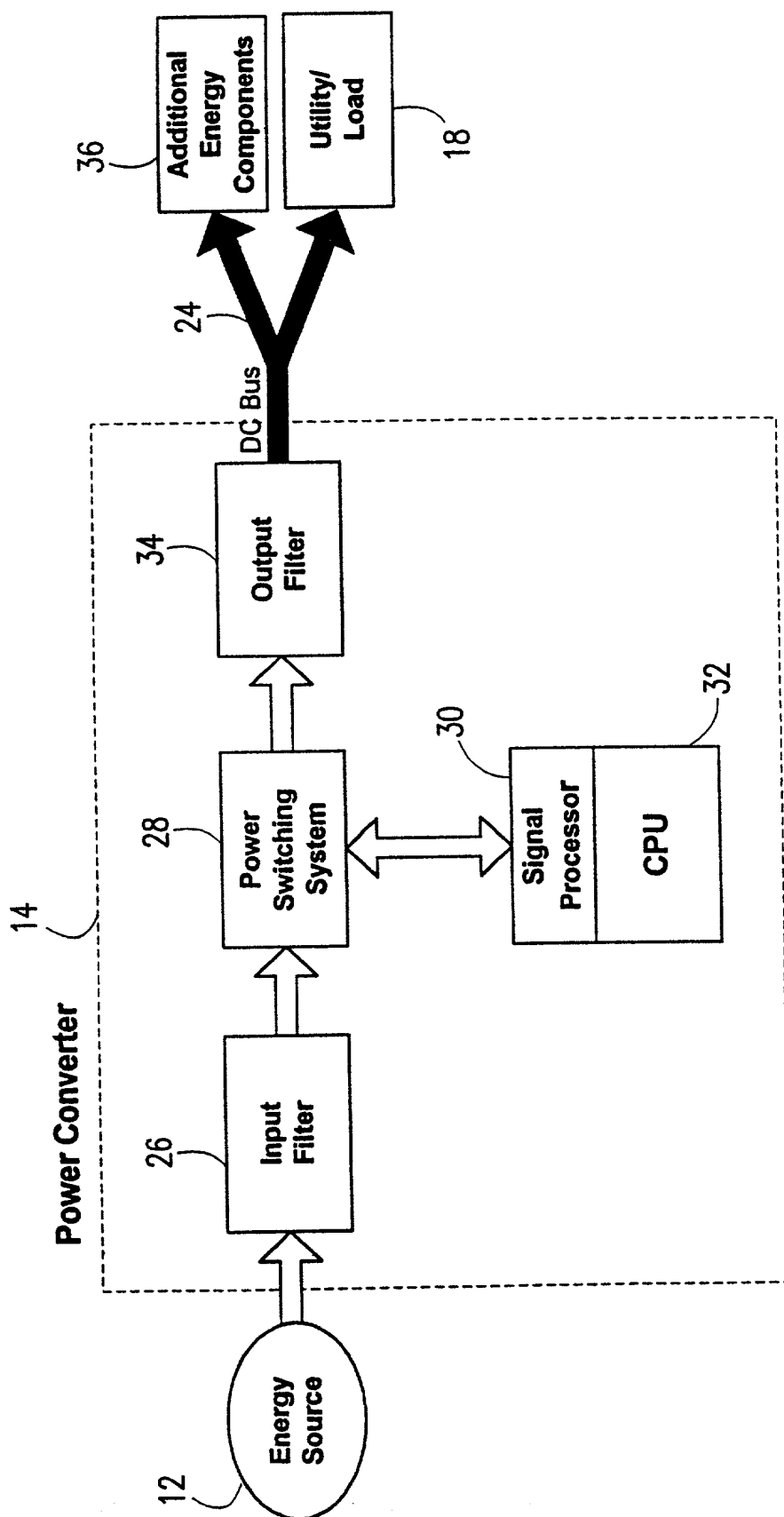


FIG.2

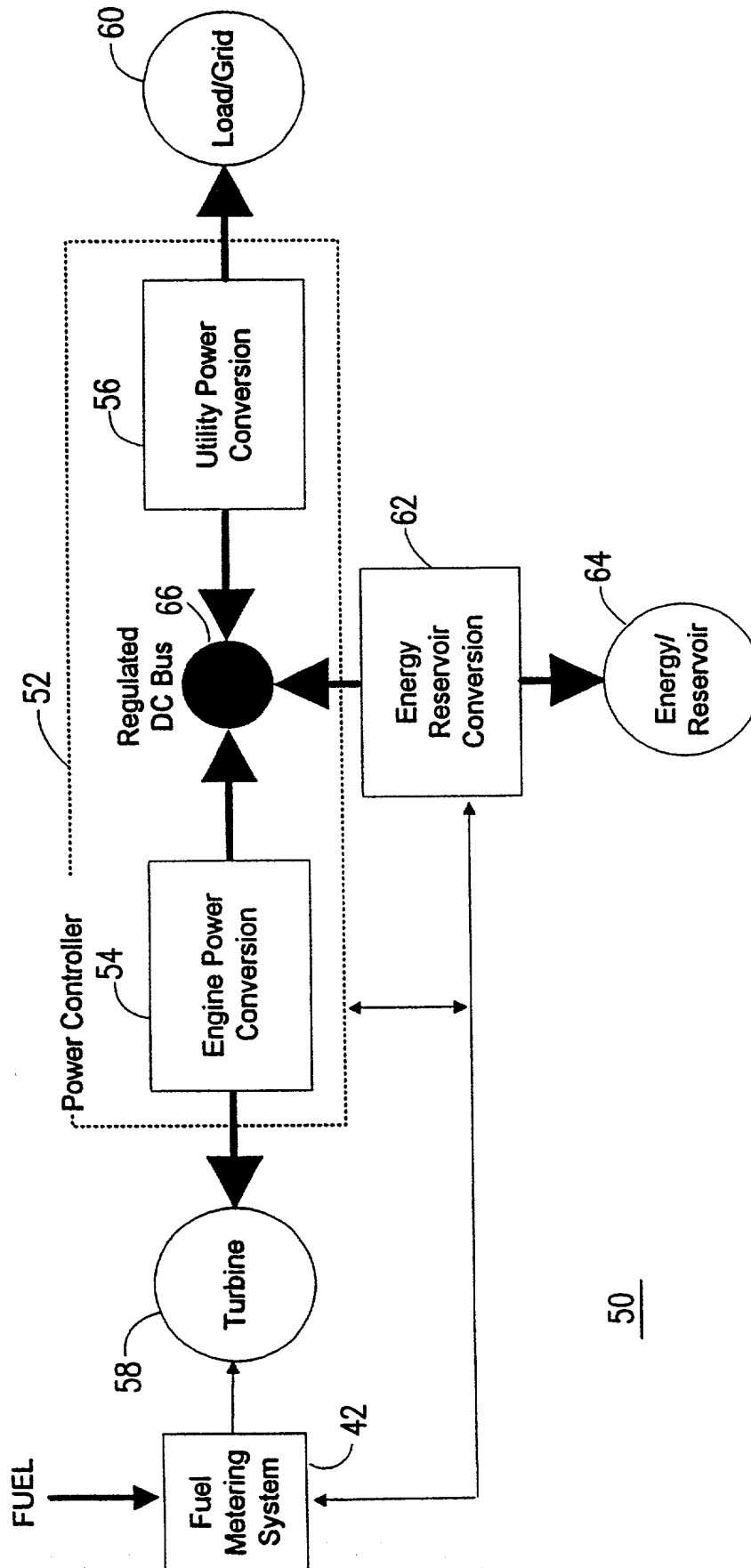
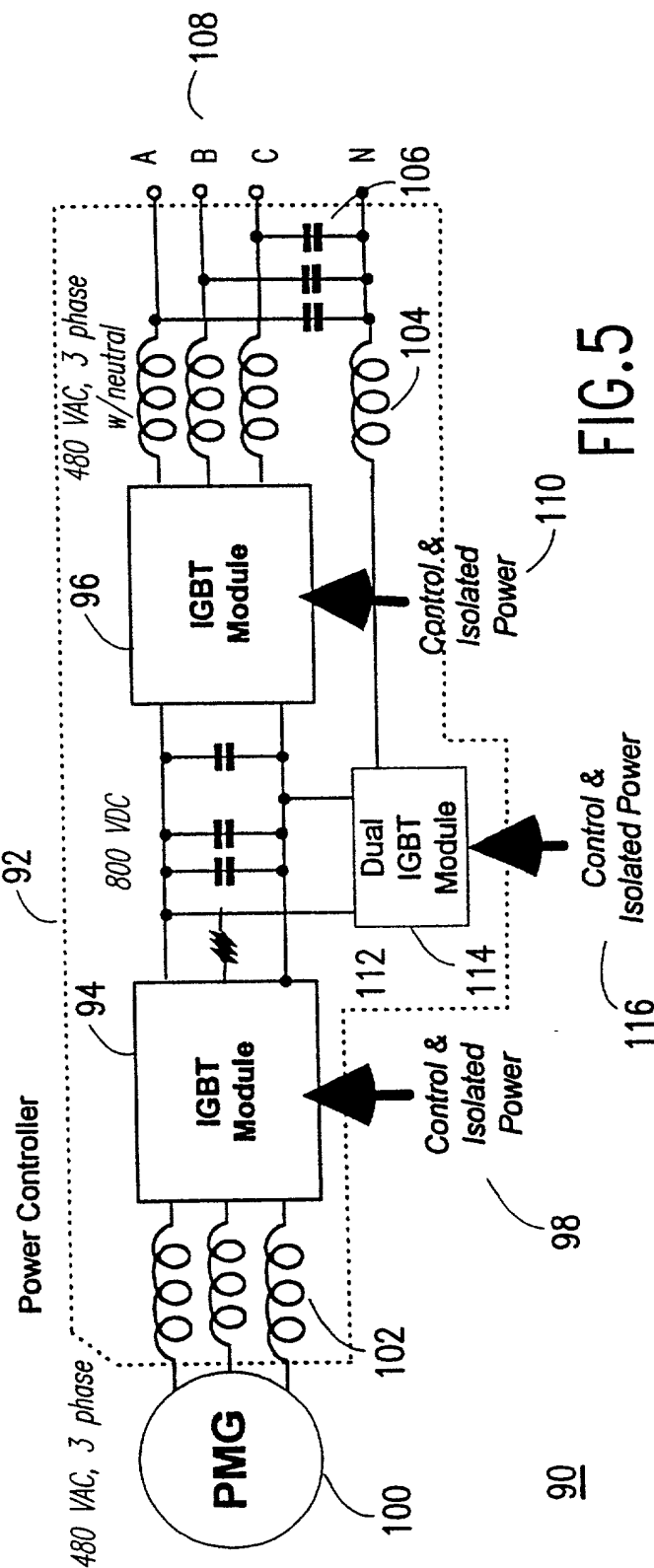
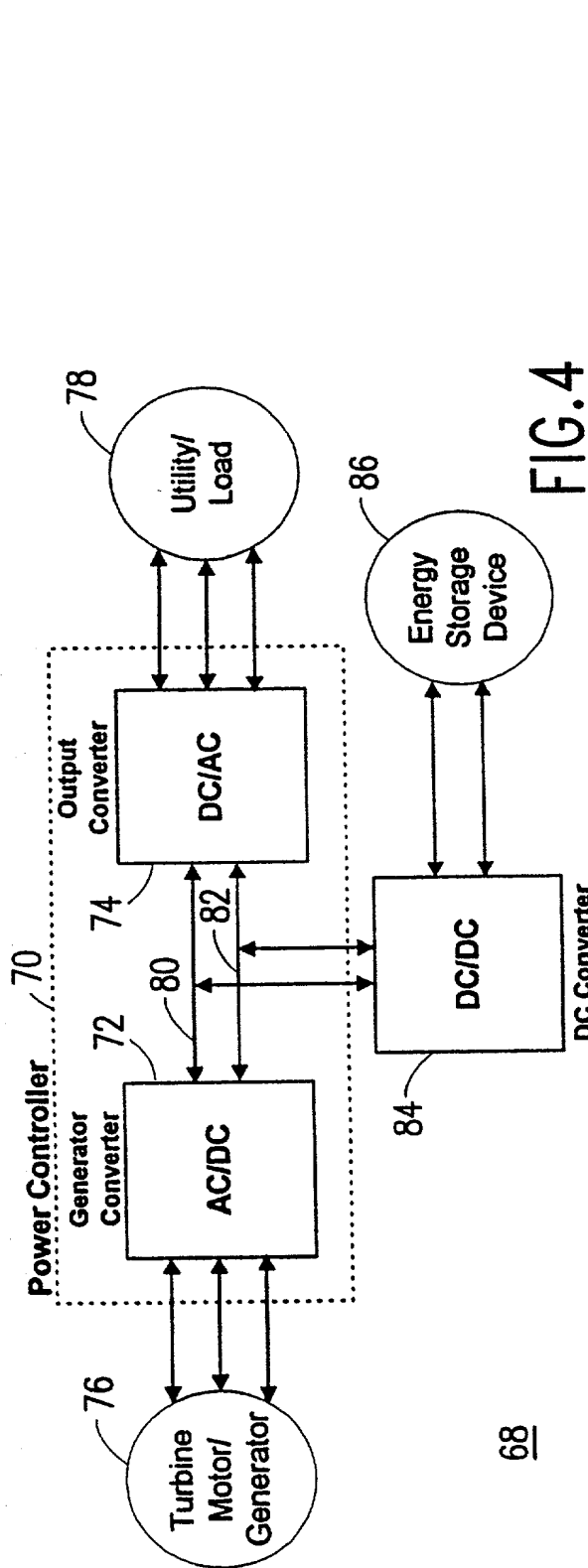


FIG.3



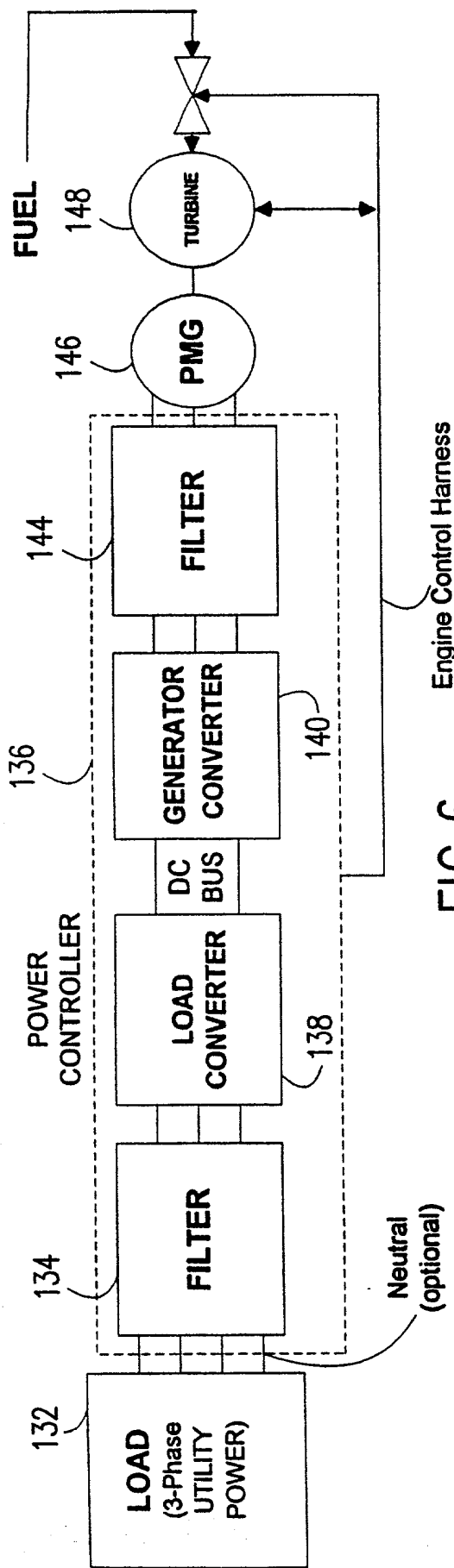


FIG. 6

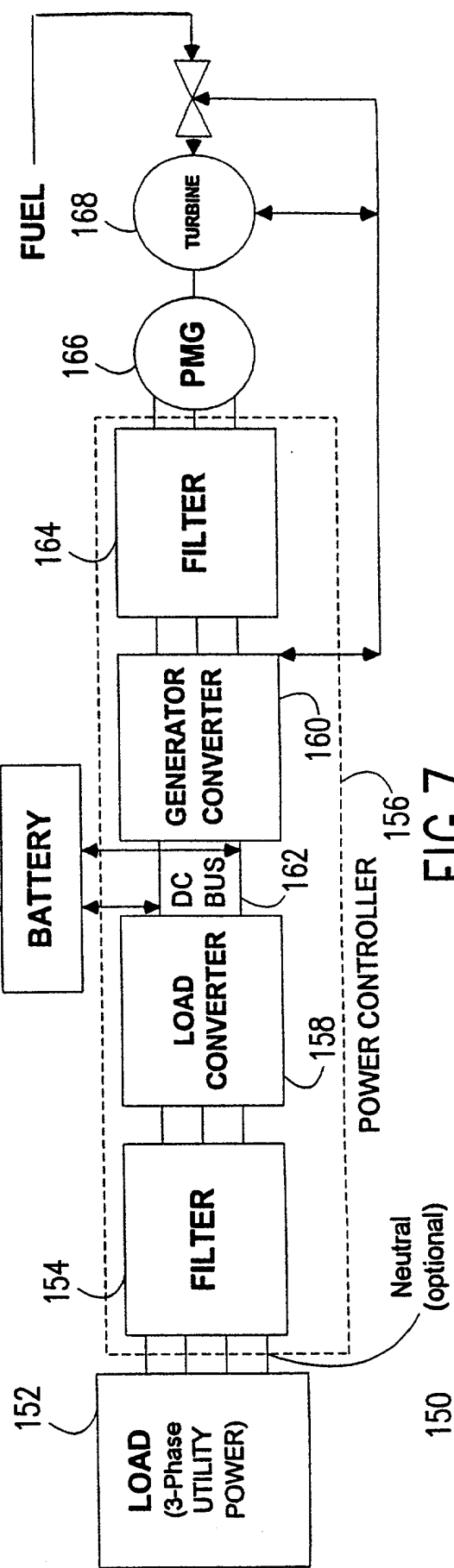


FIG. 7

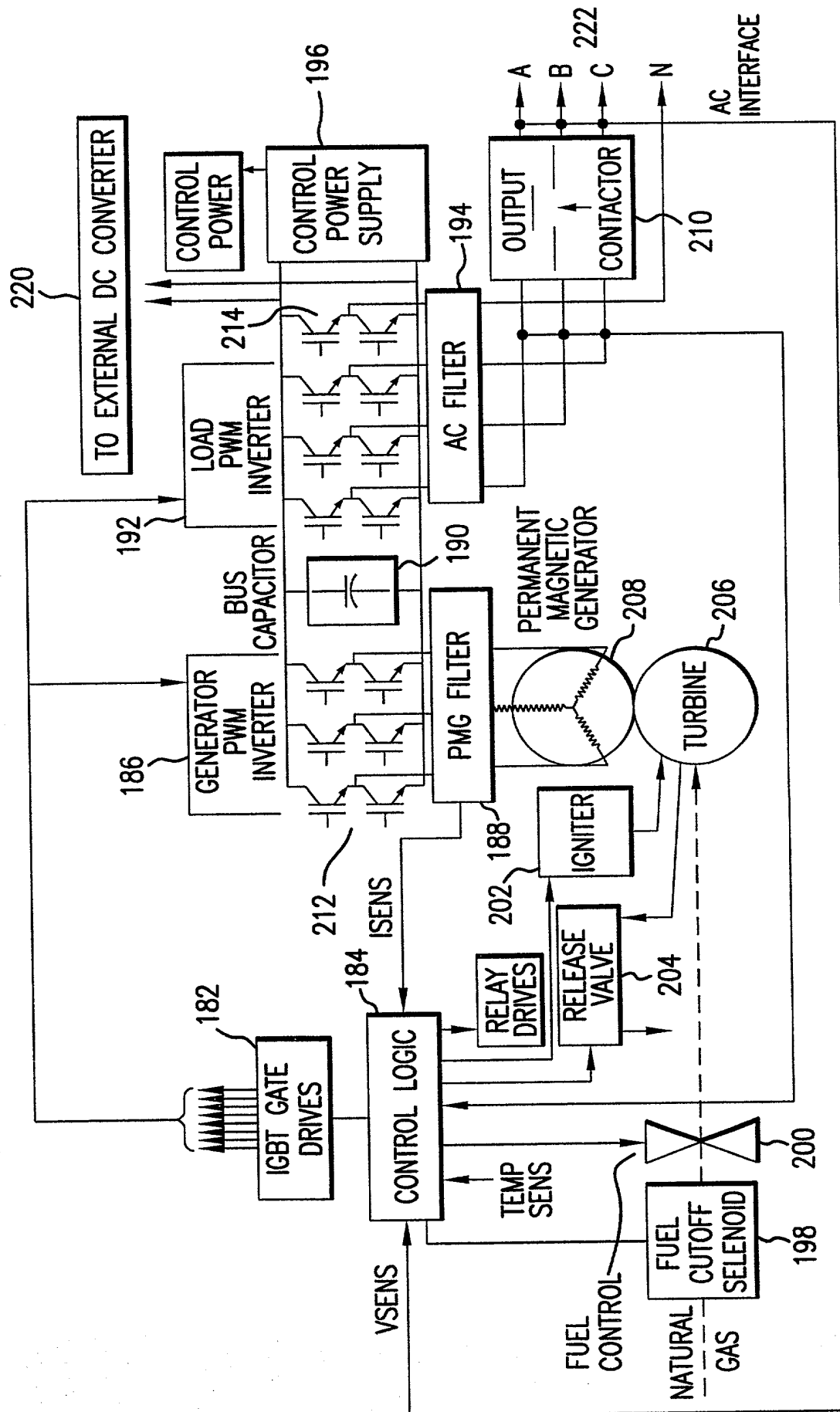


FIG. 8

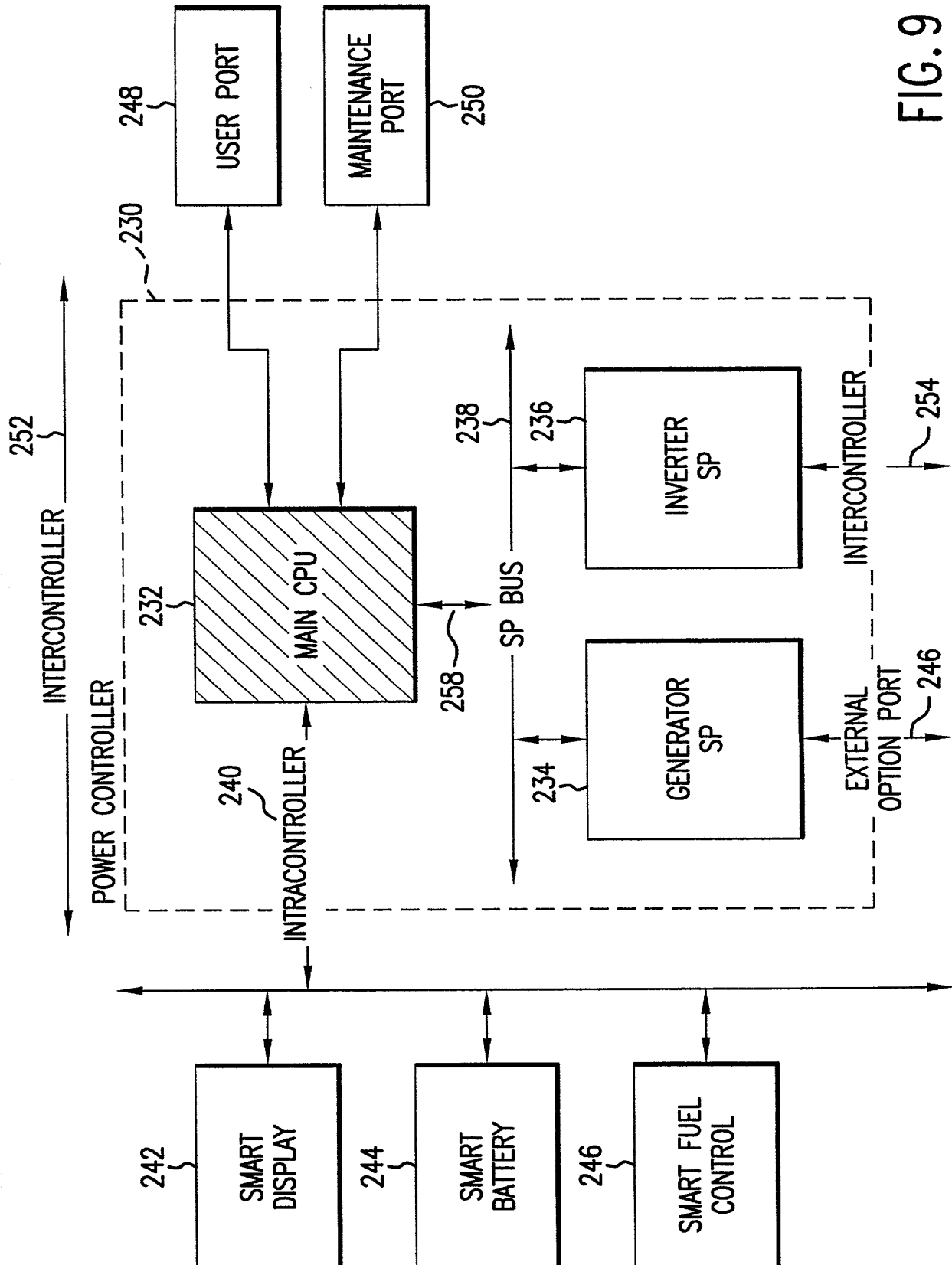


FIG. 9

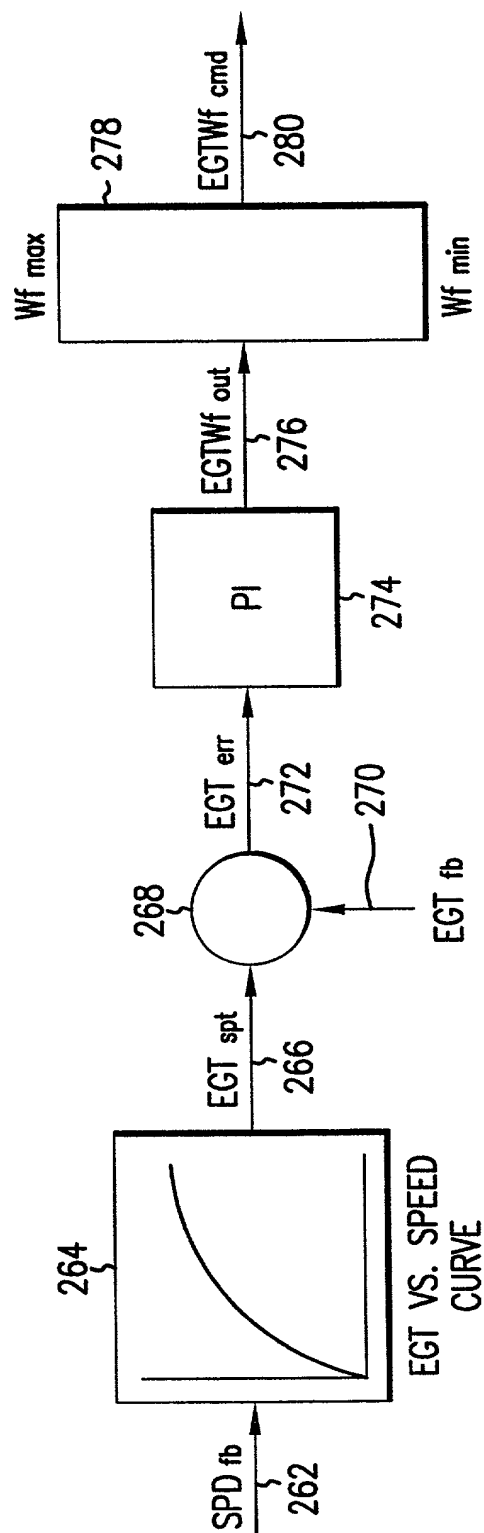


FIG. 10

260

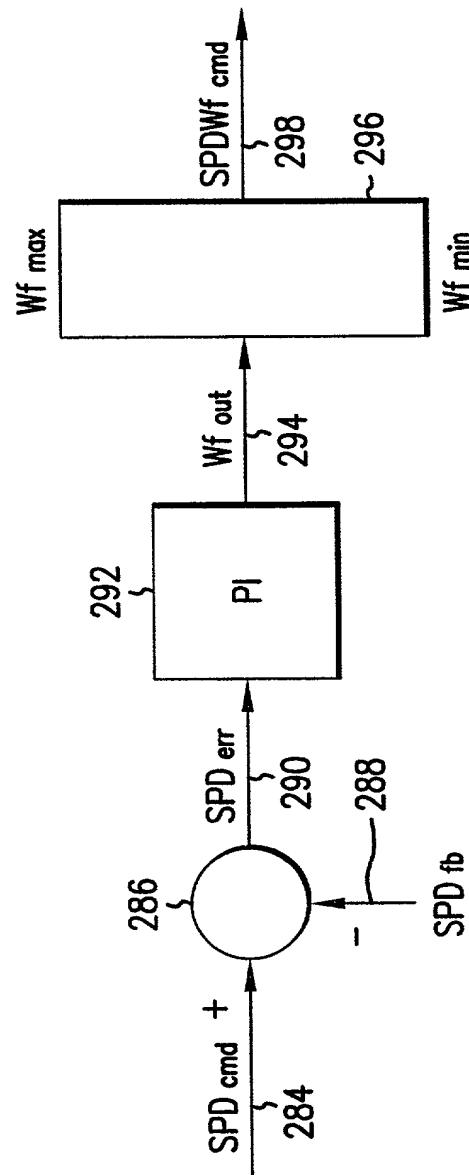


FIG. 11

282

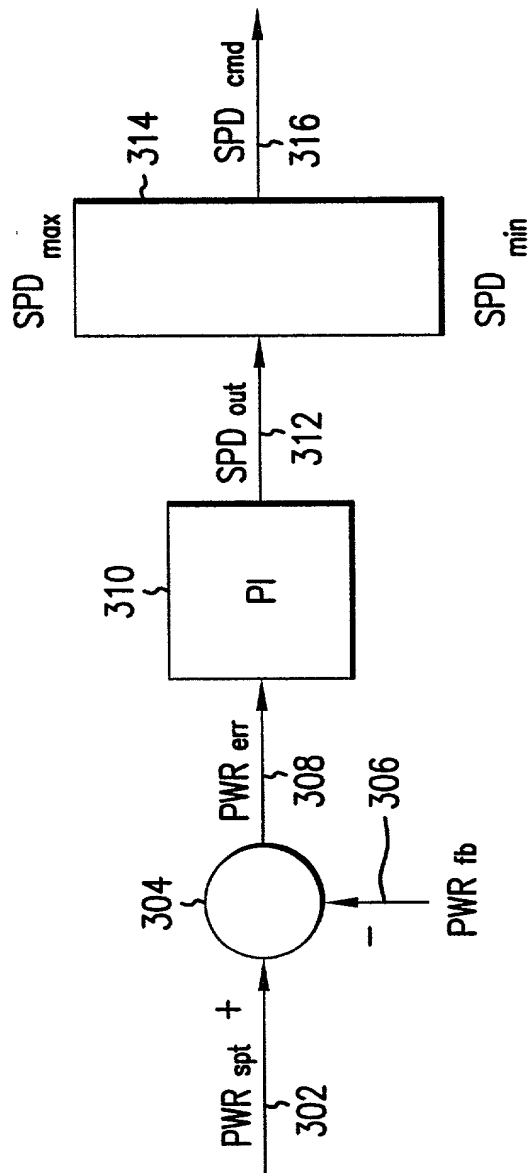
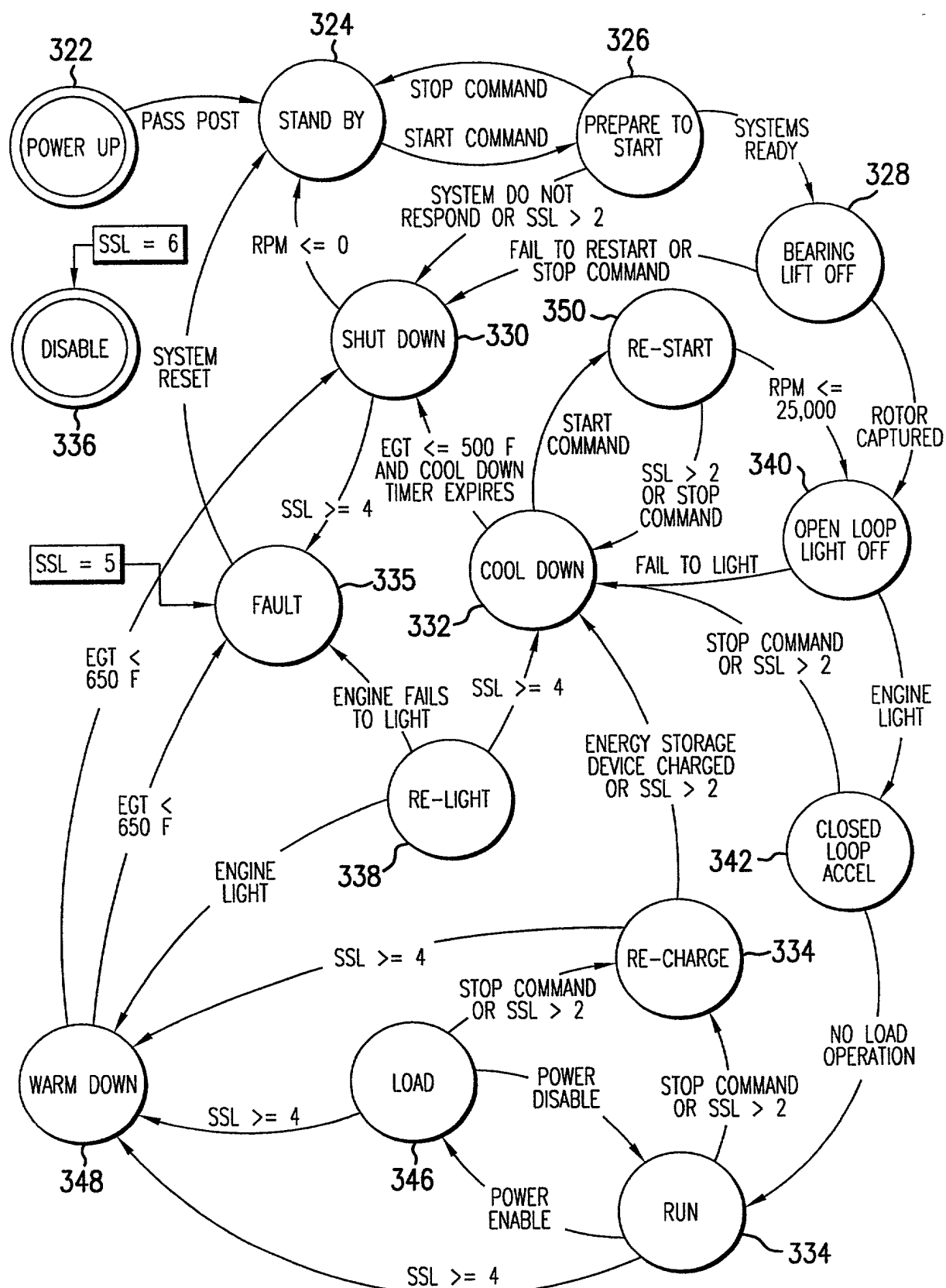


FIG. 12

300



Variable	Mean	SD	Min	Max
Age	38.5	10.2	25	55
Gender	0.5	0.5	0	1
Marital status	0.7	0.5	0	1
Education	12.5	1.5	10	15
Income	3500	1500	1000	6000
Health status	0.8	0.4	0	1
Exercise frequency	2.5	1.5	0	5
Stress level	4.5	1.5	1	7
Sleep quality	3.5	1.5	1	6
Mood	4.0	1.5	1	7
Energy	3.0	1.5	1	6
Concentration	3.5	1.5	1	6
Memory	3.0	1.5	1	6
Emotional stability	4.0	1.5	1	7
Resilience	3.5	1.5	1	6
Life satisfaction	4.5	1.5	1	7
Overall well-being	4.0	1.5	1	7



450

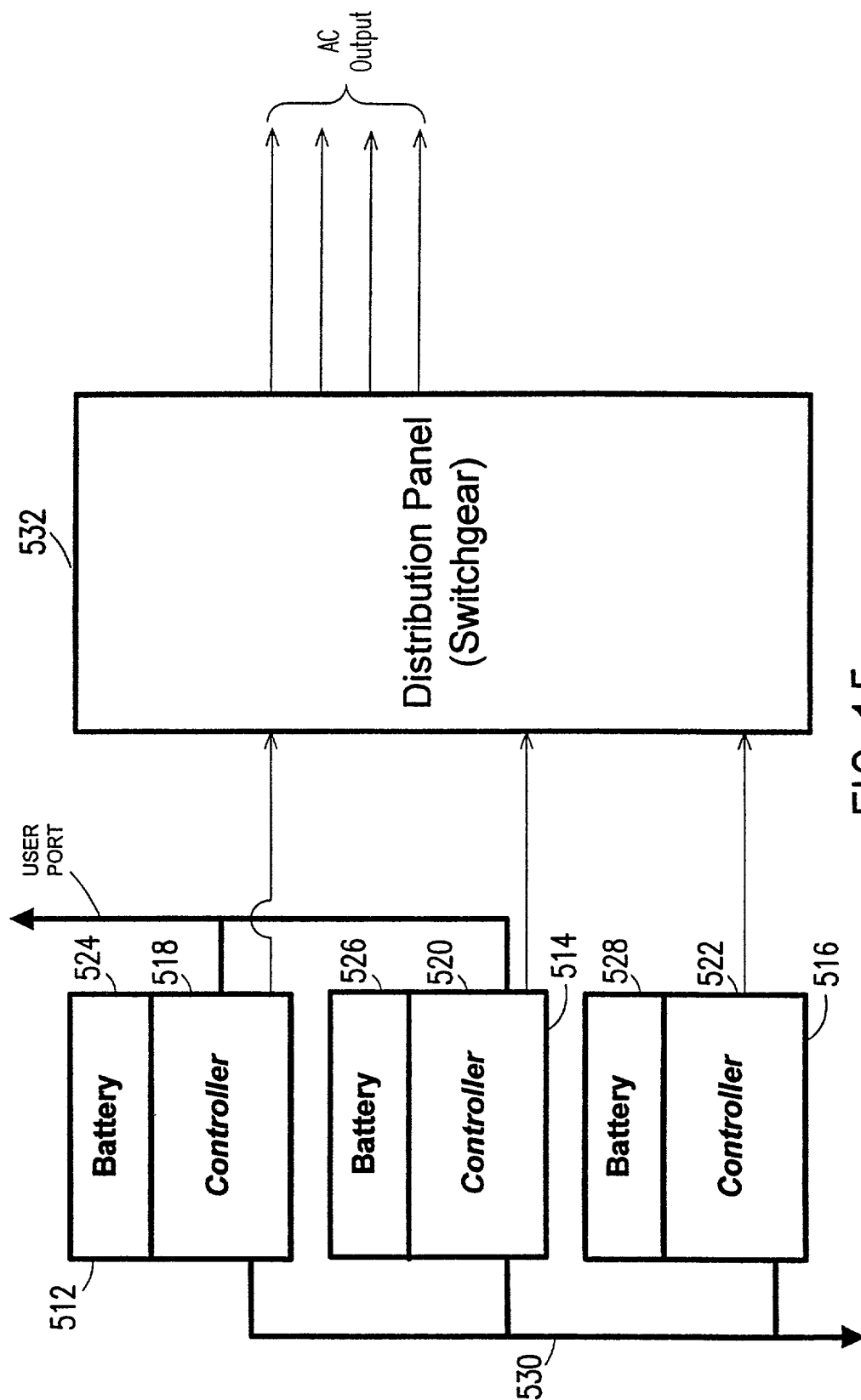


FIG. 15

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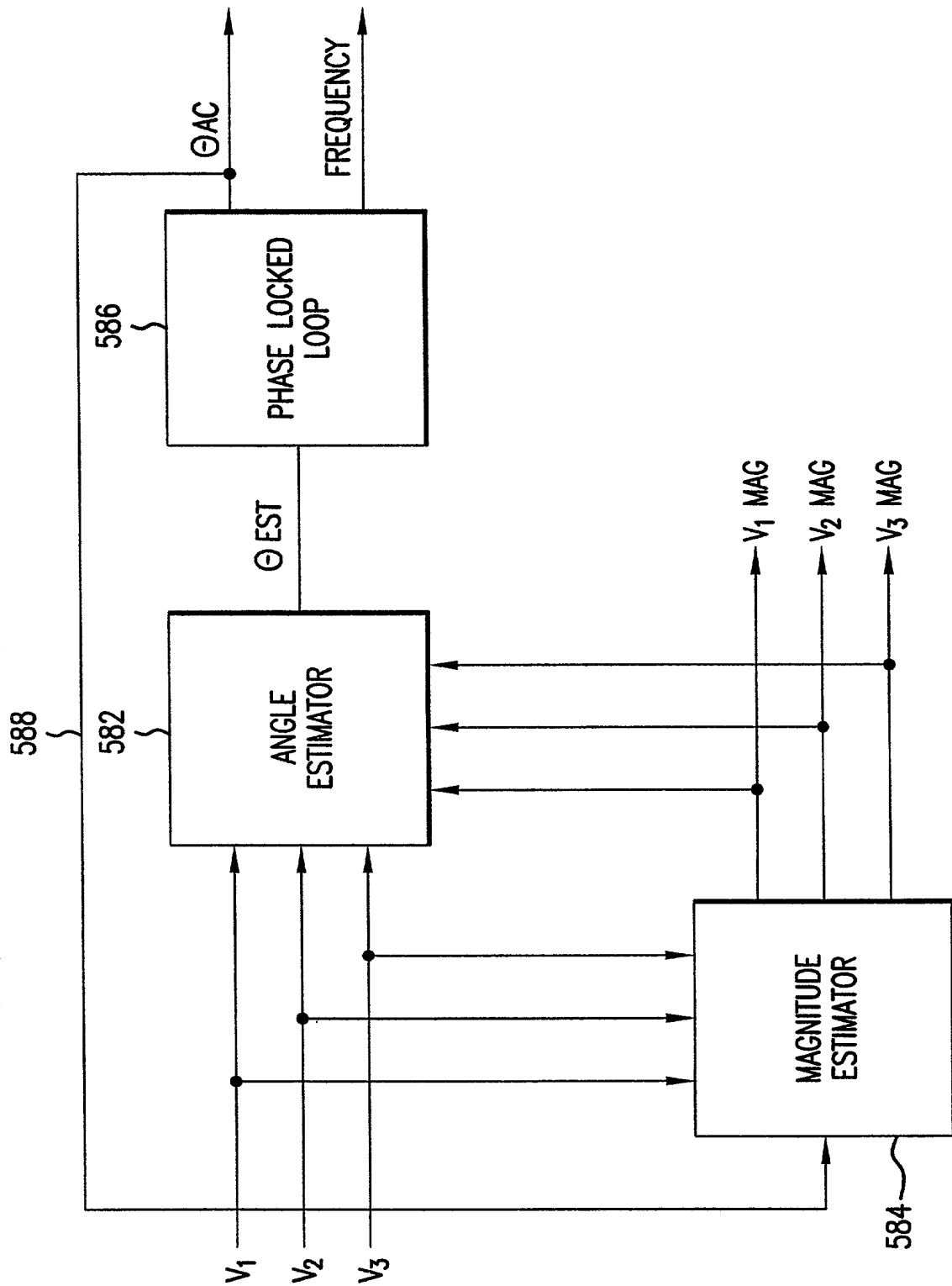
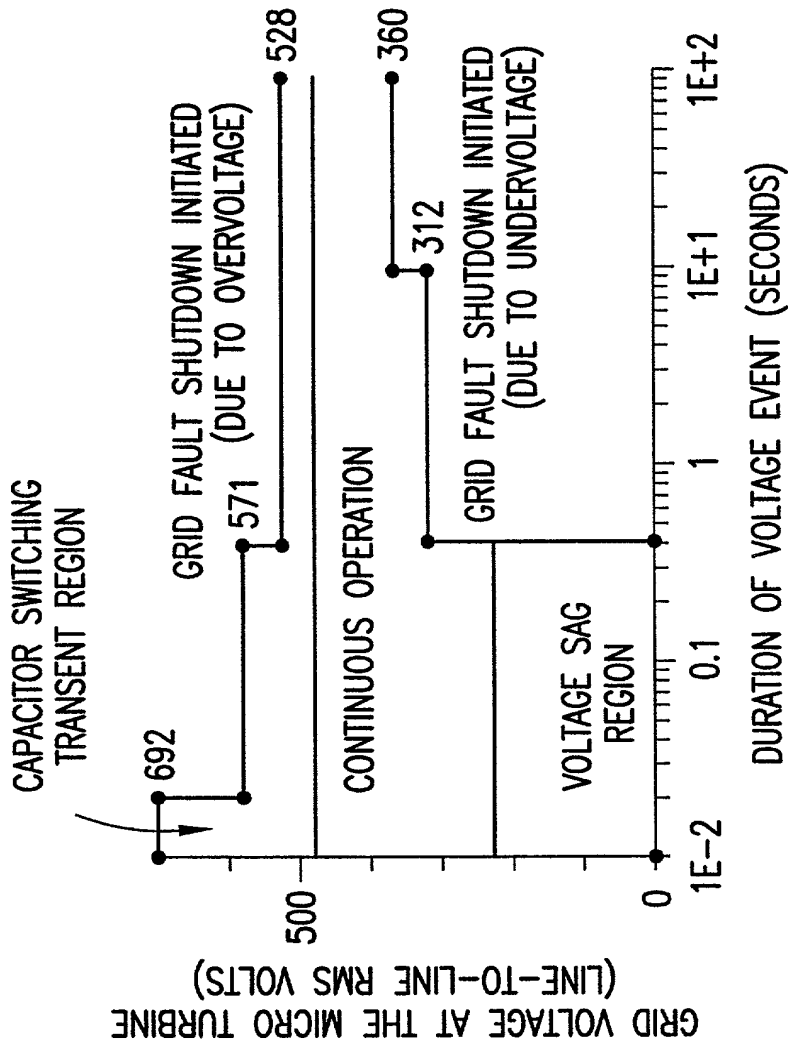


FIG. 16

580



590

FIG. 17

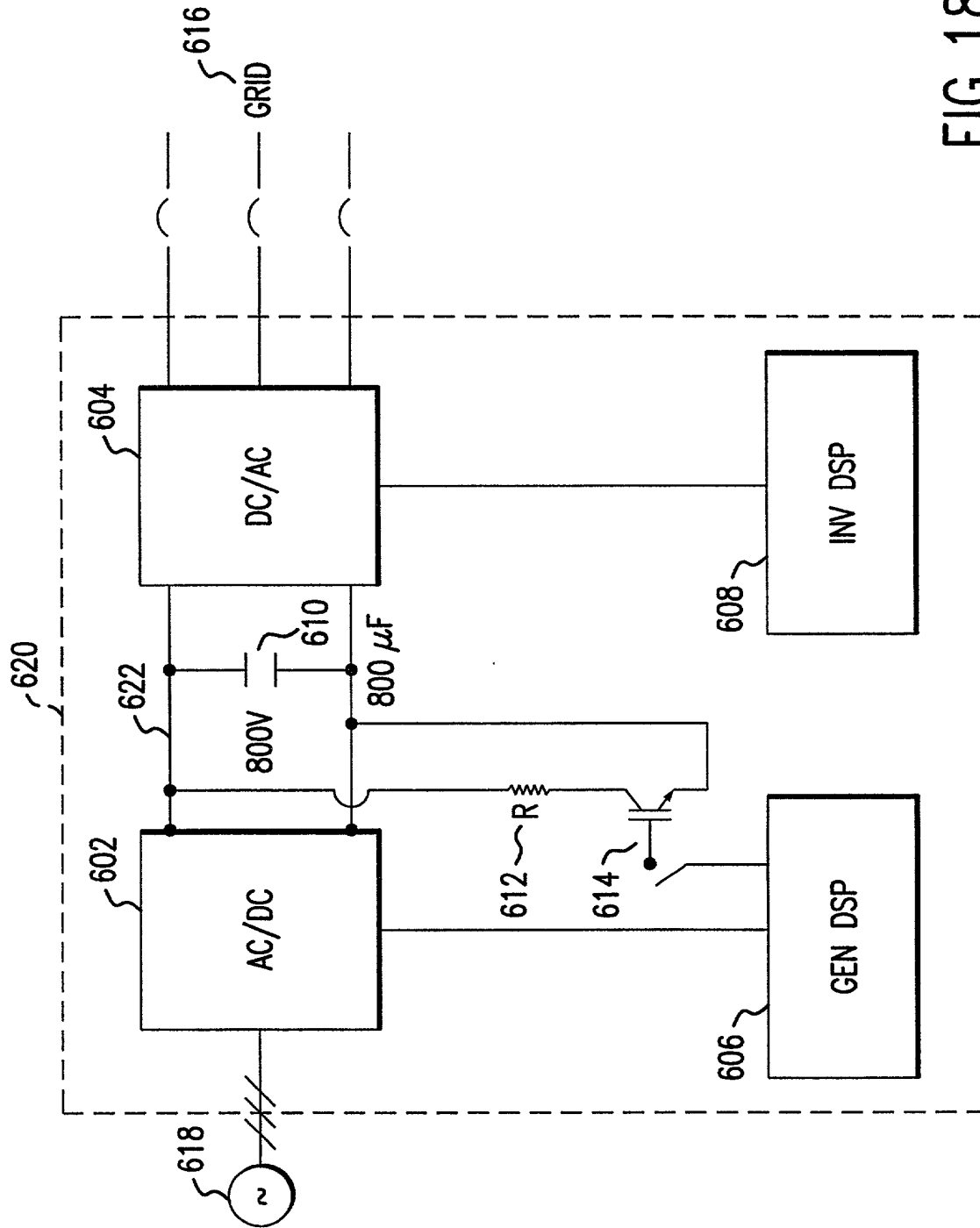


FIG. 18

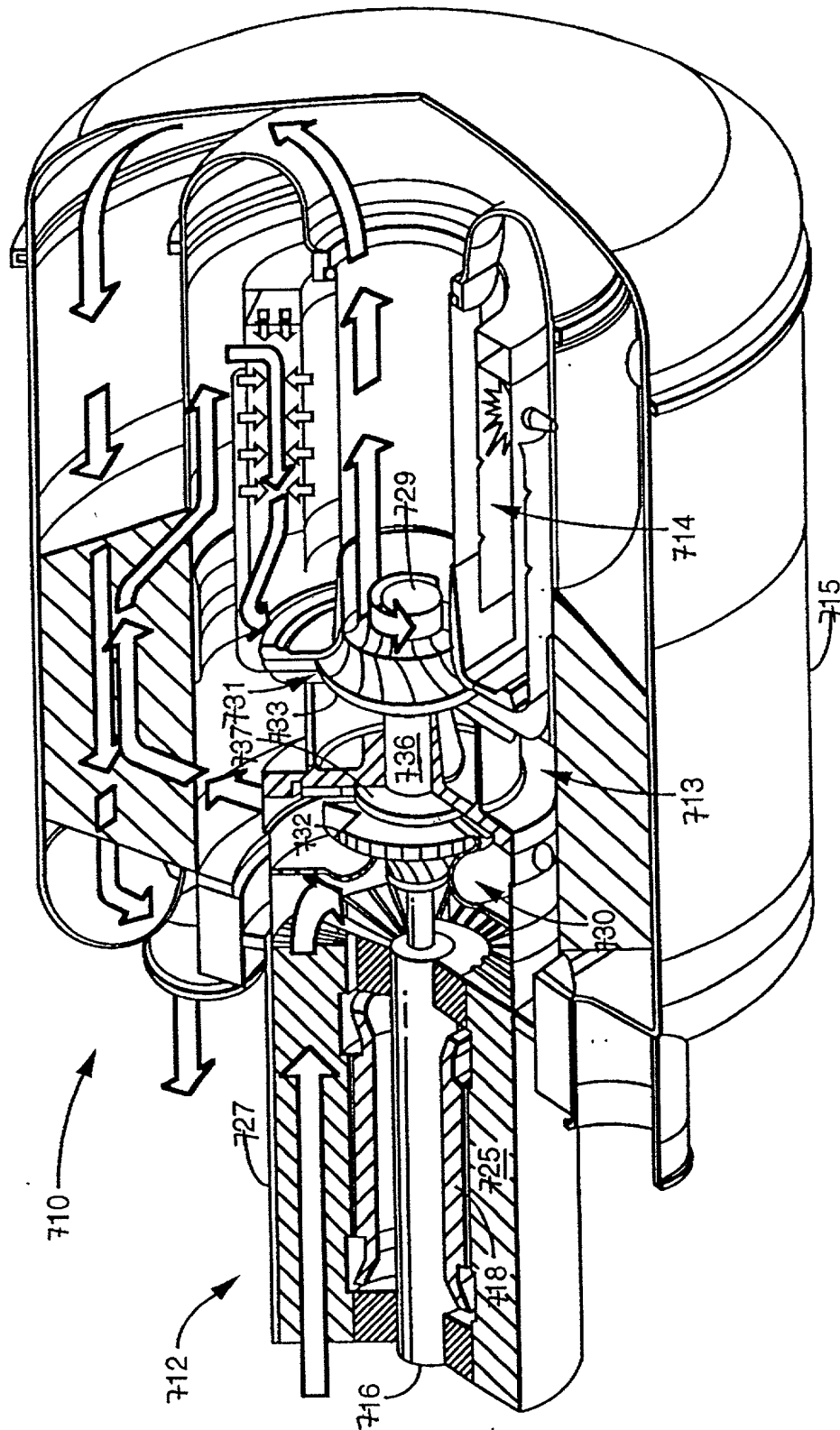


FIG. 19

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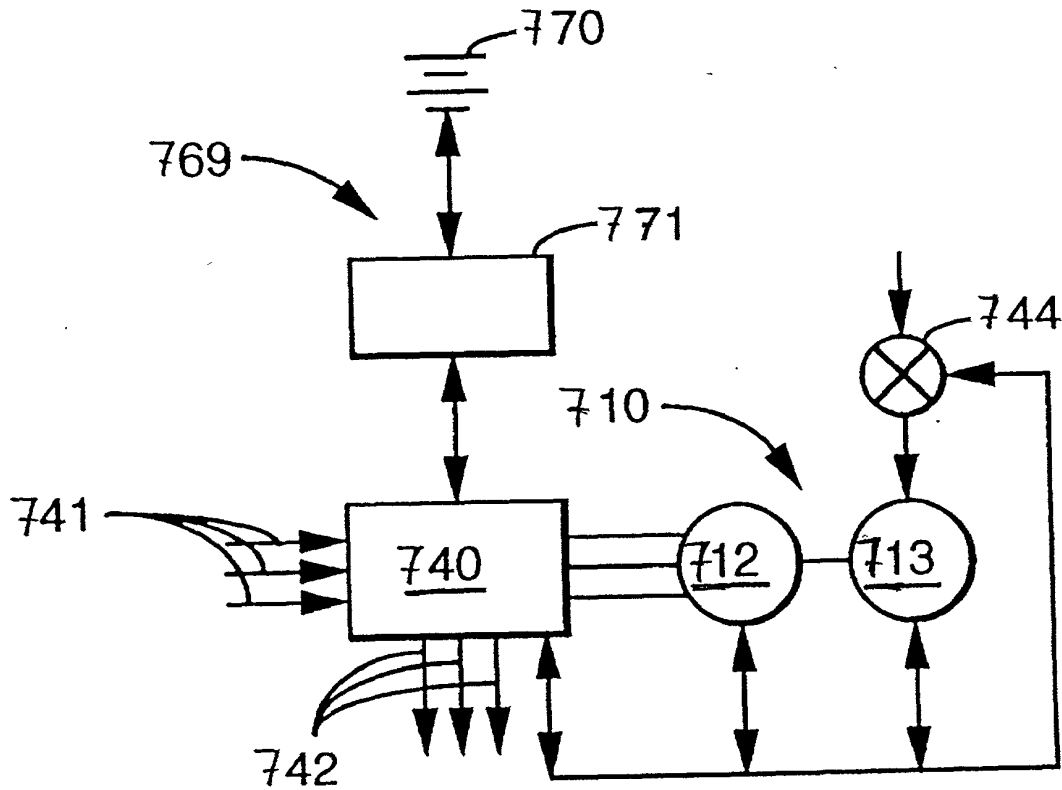


FIG. 20

205720 9T62E00F

